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presents

60 CHINESE COOKIES

by Lew Yung-Chien



Inspired by the famous cookie and its legendary predictions, this little book invites readers to meditate on sixty inspirational thoughts filled with humour and wisdom. In *60 Chinese cookies*, each proverb comes with its own black and red Chinese calligraphy. Why sixty? Jacques Languirand explains in the work's foreword: "For Chinese people, 60 is the number that represents a circle, a complete cycle. Therefore, this book gives readers the opportunity to symbolically go over their lifecycle no matter their age. Because at each stage of their life, human beings gather and process information according to their personality and their mindset."

THE CYCLE OF LIFE IS NO REASON TO BE GOING IN CIRCLES.

IF YOU DO NOT HAVE TIME TO WATER PLANTS, THEN GET A CACTUS.

MONEY IS LIKE SEAWATER. THE MORE YOU DRINK, THE THIRSTIER YOU GET.

60 Chinese cookies is the perfect gift to be given spontaneously to a relative or friend. It is also a small gift that we can give ourselves!

Lew Yung-Chien was born in Shanghai. An Arts Graduate from the National Taiwan Normal University, he finished his studies in design and graphic arts at the École supérieure des arts modernes de Paris. He teaches tai chi, his passion, at the university as well as in various hospitals and parks in the Montreal area. He is the author of *L'esprit du tai-chi* (2009) and he also devotes himself to art forms such as calligraphy, photography, painting and pottery.

The book's foreword was written by Jacques Languirand, author and radio presenter who has been hosting *Par 4 chemins* on CBC's French-language radio for 40 years. He received the Governor General's Award for his plays *Les Insolites* and *Les Violons de l'automne*. In 2003, he was named Officer of the Order of Canada, and in 2004, Chevalier de l'Ordre national du Québec.

60 Chinese cookies is a book you need to read to find your own proverb! 128 pages, French-English, black and white as well as colour calligraphies, soft cover book, \$13.95. **In bookstores on October 19, 2011.**

***The book launch will take place on October, 19 at 5:30 p.m. at Salon b
(4231b Saint-Laurent, at the corner of Rachel).
In the presence of Lew Yung-Chien and Jacques Languirand.***

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